

breakfast / brunch

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boiled eggs w/ buttered toast  
soldiers..... 3.60

eggs florentine, w/ baby spinach,  
gruyère & an english muffin..... 7.95  
½ eggs florentine..... 4.95

grilled minute steak & eggs w/ herb  
roast potatoes & tomato salsa... 8.95

breakfast club sandwich - layered  
sour dough w/ sweet cured bacon,  
london sausage, fried egg, roast  
tomato & field mushroom..... 7.95  
add black pudding..... 1.50

scottish cured smoked salmon on  
bloomer toast w/ pepper leaf salad &  
sour cream..... 4.95

bubble & squeak w/ shredded cabbage,  
potato & sweet cured bacon topped  
w/ a poached egg..... 5.95

piled high cinnamon pancake stack  
w/ maple syrup & candy dust..... 6.15

scrambled eggs on toast..... 5.95  
add scottish smoked salmon..... 2.95

bacon or sausage butty  
served on london bloomer w/ a side  
of brown sauce..... 4.65

eggs benedict w/ ham, baby  
spinach, hollandaise sauce & an  
english muffin..... 7.95  
½ eggs benedict..... 4.95

rolled porridge oats w/ golden syrup  
or fruit purée..... 3.95

fresh mixed berries w/ honeyed  
yoghurt..... 5.25

the parlour fully loaded  
eggs of your choice:  
scrambled, poached or fried w/ sweet  
cured bacon, field mushroom, tomato,  
grilled sausage, black pudding &  
toast..... 8.95

californian kick start - poached  
eggs on a toasted english muffin  
topped w/ hummus, guacamole, flat  
mushroom, grilled plum tomato  
& sweet chilli sauce..... 7.95

**breakfast tray**  
brighten your morning w/ a  
croissant, ½ eggs florentine, freshly  
squeezed juice, seasonal fruit & tea  
or americano..... 12.45

**extras**  
extra egg..... 1.00  
grilled tomato..... 1.00  
baked beans..... 1.50  
grilled mushrooms..... 1.75  
toast & butter..... 1.95  
grilled sausage..... 2.15  
sweet cured bacon..... 2.15  
scottish smoked salmon..... 2.95  
black pudding..... 1.95

**pastries**  
butter croissant..... 1.75  
pain au raisin..... 1.95  
assorted muffins..... 2.25

parlour's juiceology..... 3.45

choose one or more of the following fruit & vegetable  
bases to enjoy a freshly squeezed or blended juice.  
the perfect way to start your day.

ask one of the team what fruit & vegetables we are  
squeezing, juicing & blending. always something fresh &  
seasonal to start the day.

choose a base  
carrot, apple, fennel, cucumber,  
celery, orange

add pink grapefruit, red pepper,  
yellow pepper, pomegranate, beetroot,  
lemongrass, ginger or seasonal berries.

# the parlour

bar • kitchen • cocktail lounge



here's to a beautiful morning...

barista coffee created for us by

## ANDRONICAS

world of coffee

enjoy our own unique coffee blend which is robust in flavour w/ chocolate notes & a nutty finish.  
(this has been lovingly chosen by our baristas).

flat white.....	1.95
espresso.....	1.95
americano.....	1.95
cappuccino.....	2.45
latté 99kcal  .....	2.75
macchiato.....	1.95
piccolo.....	1.95
mocha.....	2.75
vanilla spice chai latté (caffeine free) 220kcal  .....	2.75
hot chocolate.....	2.75

add syrups: hazelnut, french vanilla or gingerbread 44kcal  per serving . . 40p  
add a dash of sweetness to your coffee with sweetbird syrups with no artificial preservatives or colourings & lovingly approved by the vegan society.

all our coffees can be made with skimmed, semi-skimmed, full-fat or soya milk & with andronicas decaffeinated coffee. our milk comes from the renowned cotteswold dairies in gloucestershire, which holds red tractor accreditation & where milk has been produced by the workman family since 1939.

teas from little sparrow..... 1.95




### english breakfast tea

our own blend lovingly created by those who know how to make the perfect brew... **darjeeling** for a splash of elegance, **assam** for a touch of asia & **kanyenya** for a pinch of earth.

- classic earl grey
- masala chai
- lapsang souchong
- green tea w/ mint & rose petal
- rooibos w/ cherry
- chamomile

fresh mint tea..... 1.95

marabilia organic olive leaf tea 1.95  
100% natural, caffeine & tannin free, bursting with antioxidants & vitamin c.

 = our latté calorie counts are based upon a 250ml serving using skinny (skimmed) milk & 60ml of coffee. values are approximate only. we do not take responsibility for weight gain.

## naughty & nice breakfast cocktails

available from 10am

parlour bloody mary..... 6.95  
horseradish infused smirnoff black vodka, parlour spices, lemon & tomato juice  
jug..... 22.95

morning fruit sparkles..... 6.95  
prosecco spun w/ fresh seasonal fruit purée

breakfast in bloom martini..... 6.95  
home-made marmalade, fresh grapefruit juice & bloom gin



do you love our tea & coffee?

take a bag home of our very own sip blend.

sip & little sparrow english breakfast tea, 100g..... 5.95  
sip & andronicas coffee, 250g..... 8.95

pop back to indulge in our renowned signature skinny cocktails or discover your favourite grape with our wine flights or fine wine list.

for the more adventurous, why not learn how to muddle & shake your favourite cocktail at one of our mixology classes. find out more by visiting our website [www.theparlourbar.co.uk](http://www.theparlourbar.co.uk) or by scanning the code below.

