

All Allergens in the Menu have been highlighted in Bold
 Our Menu has No food colouring or additives
For Allergen information, please speak to a member of staff
 Most of the dishes can be requested hot, medium or mild.

STARTERS

1. Onion Bhaji £3.50

Golden crisp onion and chickpea batter fritters.

2. Vegetable Samosa £3.50

*Spiced potatoes & vegetables filled in pastry.
(Cereal containing gluten)*

3. Chicken / Meat Samosa £3.95

*Spiced chicken / lamb minced filled and fried in pastry.
(Cereal containing gluten)*

4. Garlic Mushroom £4.95

*Pan fried mushrooms sautéed in spring onion, peppers, onion,
 home-made chilli garlic sauce **(Soya, Celery & Sulphites)**.*

6. Mo:Mo (Chicken / lamb) £4.95

*Steamed dumpling filled with chicken or lamb.
(Cereal containing gluten, Mustard & Sesame seeds)*

7. Fish Pakora £4.95

*Pangasius **(Fish)** coated with gram flour & carom seeds
 then deep-fried.*

8. Squid Pepper Fry £4.95

*Black pepper marinated deep fried squid **(Molluscs)**.*

5. Chilli Paneer £5.95

*Shallow fried cheese **(Milk)** sautéed in mixed peppers and
 Regal's chilli & tomato sauce **(Soya, Celery & Sulphites)**.*

TANDOORI DISHES

STARTER MAIN

9. Paneer Shaslik £5.50 £7.95

*Cubes of cheese **(Milk)** marinated in mustard oil **(Mustard)**,
 yoghurt **(Milk)**, spices, grilled with peppers & onions.*

10. Chicken Tikka £5.50 £7.95

*Clove smoked chicken marinated in yogurt **(Milk)**, mustard oil,
(Mustard), lemon juice **(Sulphites)**, ground cashews nuts **(Nuts)** &
 Kashmeri spices.*

11. Lamb Seekh Kebab £5.50 £7.95

*Lamb mince spiced with fresh coriander, ginger, garlic,
 garam masala & lemon juice.*

11. Punjabi Lamb Chops £5.95 £8.95

*Lamb chops marinated with strained yogurt **(Milk)**, mustard oil
(Mustard), lemon juice **(Sulphites)** & Punjabi spices.*

12. Tandoori Chicken (half/full) £5.95 £9.95

*Spring chicken marinated in yogurt **(Milk)**, mustard oil **(Mustard)**,
 lemon juice **(Sulphites)**, cashews nuts **(Nuts)** & Tandoori spices.*

27. Salmon Ajwani **£7.95** **£10.95**
Scottish Salmon (Fish) marinated with hanging curd (Milk), black pepper, carom seeds & lemon juice (Sulphites).

28. King Prawn Shaslik **£7.95** **£11.95**
King prawns (Crustaceans) marinated in yogurt (Milk), mustard oil (Mustard), lemon juice (Sulphites), spices & grilled with peppers.

13. Mixed Grilled Platter (Sharing) **£7.95** **£12.95**
Lamb kebab, lamb chop, chicken Tikka & Tandoori chicken (2 pieces of each item) (Mustard, Milk, Sulphites & Nuts)

CHICKEN DISHES

14. Chicken Korma (mild/medium/hot) **£7.50**
Cooked in a sauce with cream (Milk), almonds (Nuts) & desiccated coconut (Sulphites).

15. Chicken Tikka Masala **£7.50**
Barbecued chicken pieces cooked in butter & cream (Milk) with caramelised tomato sauce, honey and fenugreek leaves. (Mustard, Sulphites & Nuts)

16. Chicken Madras (medium/hot) **£7.50**
Cooked gently in fairly hot sauce of onion, tomato, green herbs & lemon juice (Sulphites).

17. Chicken Bhuna Dishes (medium/hot) **£7.50**
Tempered with ginger, coriander, onion & tomato.

18. RARA Chicken **£7.50**
Selected pieces of chicken on the bone freshly cooked in onion, tomato & extra especially blended spices, simmered until cooked through in slow fire, tossed with fresh coriander.

22. Saag Chicken (medium/hot) **£7.95**
Tempered with ginger & coriander cooked with spinach.

19. Chilli Chicken **£7.50**
Indo-Chinese favourite. Stir-fried diced chicken cooked with tomato & chilli sauce (Celery), mixed peppers, shallots & soya sauce. (Soya & Sulphites)

LAMB DISHES

16. Lamb Madras (medium/hot) **£7.50**
Cooked gently in fairly hot sauce of onion, tomato, green herbs & lemon juice (Sulphites).

20. Lamb Rogan Josh **£7.95**
Kashmiri style lamb curry gently cooked with mixed spices & fennel.

21. Lamb Karahi (medium/hot) **£7.95**
Cooked with fresh tomato, onion, peppers, green chillies, light soya sauce (Soya) & lemon juice (Sulphites).

22. Saag Gosh (medium/hot) **£7.95**
Tempered with ginger & coriander cooked with spinach.

23. Lamb Malabar **£7.95**
Aromatic lamb curry with coconut milk & spices (Coconut milk).

24. Rara Ghosh **£7.95**
Seasoned lamb mince & cubes of lamb cooked with onion, ginger, garlic & nutmeg.

SEA FOODS DISHES

- 16. Prawn Madras** (medium/hot) **£7.50**
Small Prawns cooked gently in fairly hot sauce of onion, tomato, green herbs & lemon juice (Sulphites).
- 18. Machali RARA Ko**
Chunks of boneless cod (Fish) in a traditional sauce with tamarind, fresh green herbs, curry leaves, ground mustard seeds, and a hint of chopped garlic.
- 25. King Prawn Korma** (mild/medium/hot) **£10.95**
King Prawn (Crustaceans) Cooked in a sauce with cream (Milk), almonds (Nuts) & desiccated coconut (Sulphites).
- 26. Regal Fish Masala** **£9.95**
Tilapia (Fish) delicately cooked in carefully blended spices, lemon grass & coconut milk (Milk) (Chef's special recipe).
- 29. Kingprawn Madras** (medium/hot) **£10.95**
Cooked gently in fairly hot sauce of onion, tomato, green herbs & lemon juice (Sulphites).
- 30. Chilli Garlic King Prawn** **£10.95**
King Prawns (Crustaceans) battered & sautéed with mixed spices, spring onion, peppers & chilli garlic sauce (Soya, Celery & Sulphites).
- 31. King Prawn Saag** **£10.95**
Sautéed King prawn (Crustaceans) gently cooked in light tomato, onion & spinach, tempered with ginger & coriander.

REGAL'S BIRYANI SPECIAL

Authentic Hyderabad style, aged basmati rice, fragrant spices and saffron served with cucumber yogurt (Milk) or mixed vegetable tossed with nuts (Nuts).

- 32. Vegetable Biryani** **£7.95**
- 33. Chicken / Lamb / Prawn (Crustaceans) Biryani** **£8.95**
- 34. King Prawn (Crustaceans) Biryani** **£10.95**

VEGETARIAN DISHES

- 35. Daal Tadka** **£4.95**
Two types of lentils tempered with garlic & cumin.
- 37. Bombay Aloo** **£4.95**
Diced potatoes cooked with onions sautéed in mustard seeds (Mustard), lemon juice (Sulphites) and fresh coriander.
- 38. Aloo Gobhi** **£4.95**
Cauliflower & potato in ginger, coriander & mustard seeds (Mustard)
- 39. Mixed Veg Karahi** **£4.95**
Mixed vegetables with peppers, herbs & spices
- 40. Saag Aloo** **£4.95**
Garlic tempered in spinach with potatoes & mustard seeds (Mustard)
- 41. Chana Masala** **£4.95**
Chickpeas and tomatoes are simmered with mixed spices.

42. Palak Paneer	£5.95
<i>Garlic tempered spinach with cubes of cheese (Milk).</i>	
43. Paneer Butter Masala	£5.95
<i>Home-made cheese (Milk) cooked with creamy tomato sauce(Nuts)</i>	
44. Mushroom Matar	£5.95
<i>Fresh cup mushroom & green peas cooked in ginger & cumin seeds.</i>	
45. Bhindi Ki Subji	£5.95
<i>Stir-fried okra, tossed with onions and a special chat masala.</i>	
46. Aubergine	£5.95
<i>Lightly stir-fried aubergines cooked with spices and fresh coriander.</i>	

RICE

47. Basmati Rice	£2.50
48. Pulau / Zeera Rice (Milk)	£2.95
49. Garlic Rice (Milk)	£3.50
50. Egg (Egg) Fried Rice (Milk)	£3.50
51. Mushroom Fried Rice (Milk)	£3.50
52. Special Fried Rice	£4.50
Veg option (Milk & Nuts)	
Non-Veg option (Milk, Nuts, Crustaceans & Egg)	

BREADS

53. Roti (plain /butter)	£2.25
<i>(Cereal containing gluten)</i>	
54. Naan (plain/butter)	£2.25

<i>(Cereal containing gluten, Milk)</i>	
55. Paratha	£2.95
<i>(Cereal containing gluten, Milk)</i>	
56. Garlic / Chilli Naan	£2.95
<i>(Cereal containing gluten, Milk)</i>	
57. Peshawari Naan	£3.50
<i>(Cereal containing gluten, Milk, Nuts)</i>	
58. Cheese Naan	£3.50
<i>(Cereal containing gluten, Milk)</i>	
59. Keema Naan	£3.50
<i>(Cereal containing gluten, Milk)</i>	

ACCOMPANIMENTS

60. Chutneys (mango/mint /mixed pickle)	£0.75
<i>(Milk, Sulphites)</i>	
61. Papadums (plain/roasted)	£0.75
62. Kuchumbar	£2.75
<i>(cucumber, lemon juice (Sulphites) tomato, onion & carrots)</i>	
63. Cucumber Raita (Milk)	£2.75

All prices are inclusive of VAT. Service charges not included