

# Food Menu

## Nibbles & Bar Snacks

- Spicy Chicken Wings (5/10/20)** ..... £4.95/£8.50/£14.95  
with BBQ sauce 349/554/1107kcal or hot sauce 361/563/1126kcal
- Sticky Honey & Mustard-Glazed Mini Sausages (5/10/20)**  
451/904/1809kcal
- Halloumi Fries** **V** ..... £6.50  
topped with mint yoghurt & pomegranate seeds 387kcal
- Breaded Whitebait** ..... £5.50  
with tartare sauce 396kcal
- Bread & Olives** **VEGAN** ..... £5.95  
fresh baked ciabatta, mixed olives, olive oil & balsamic 382kcal

## Starters

- Salt & Pepper Squid** ..... £7.25  
with lime mayonnaise 448kcal
- Loaded Potato Skins** ..... £6.95  
chorizo & cheese or red onion & cheese, sour cream dip 458/417kcal
- Tiger Prawn Lollipops** ..... £7.75  
tempura batter, sweet chilli sauce 253kcal
- Crispy Melty Cheese Balls** **V** ..... £6.95  
a delicious blend of feta, mozzarella & Cheddar with sweet chilli & sour cream dips 637kcal
- Malaysian Chicken Satay Skewers** ..... £7.50  
peanut sauce & refreshing cucumber 346kcal
- Soup of the Day** **V** ..... £6.50  
homemade soup, seeded NGCI bread & butter, between 490-550kcal
- Classic Prawn Cocktail** ..... £7.75  
Marie Rose sauce, iceberg lettuce, bread & butter 301kcal
- Crispy Courgette Fritters** **V** ..... £6.75  
with mint yoghurt dip & pomegranate seeds 244kcal

## Good to Share

- Sharing Starter Platter** ..... £17.95  
BBQ ribs, skins with cheese & red onion, chicken goujons, cheesy garlic ciabatta bread, onion rings, dips (serves 2-4) 2116kcal
- Spicy Chilli Beef Nachos** ..... £12.95  
crunchy tortillas, melting cheese, beef chilli, Mexican dips, jalapeños (serves 2-4) 1085kcal
- Chicken Satay (6) & Tiger Prawn Lollipop (4) Combo** £14.50  
two great favourites together (serves 2) 739kcal
- Hot Garlic & Herb Dough Balls** **V** ..... £5.50(8) / £9.95(16)  
with garlic & herb dip 325/611kcal
- Garlic & Herb Ciabatta / Cheese** **V** ..... £4.95/£5.50  
hot & delicious with garlic & herb dip 643/766kcal

## Chef's Specials

- Grilled Trout, Toasted Almond Butter** ..... £16.95  
pommes Anna & green beans 907kcal
- Cote de Boeuf, Rib Eye on the Bone** ..... £25.95  
14 oz premium steak with tomato, mushroom & chunky chips, best served medium to well done 951kcal  
*add peppercorn sauce 38kcal £1.95 or garlic butter 248kcal £1.50  
onion rings 287kcal £3.75*

## Pub Favourites

- Pan-Fried Calves Liver & Bacon** ..... £17.50  
onion gravy, colcannon mash & fresh vegetables 548kcal
- 8oz Sirloin Steak** ..... £21.95  
slow-roast tomato, field mushroom & chunky chips; best served medium to rare 637kcal  
*add peppercorn sauce 38kcal £1.95 or garlic butter 248kcal £1.50  
onion rings 287kcal £3.75*
- Fish & Chips** ..... £14.95  
fresh haddock, crispy batter, skin-on fries, peas & homemade tartare sauce 807kcal  
*add curry sauce 142kcal £1.75*
- Baked Fillet of Salmon** ..... £15.95  
light mustard & caper dressing, roasted new potatoes & green beans 878kcal
- Baked Field Mushroom Wellington** **VEGAN** ..... £14.95  
stuffed with spinach, caramelised onions & Dijon mustard, fresh tomato sauce, roasted new potatoes & fresh vegetables 959kcal
- Chicken, Leek & Ham Pie** ..... £15.50  
puff pastry top, colcannon mash & fresh vegetables 1023kcal
- Chicken Caesar Salad** ..... £13.95  
with croutons, parmesan, anchovies & Caesar dressing 506kcal
- Goats Cheese Salad** **V** ..... £13.95  
with honey, walnuts & roasted Mediterranean veg, NGCI croûte 653kcal
- Spicy Bean Enchiladas** **VEGAN** ..... £14.50  
guacamole, fragrant rice, vegan cheese, firecracker sauce, garden salad 769kcal
- Ham, Egg & Chips** ..... £13.50  
home-cooked ham, 2 eggs & skin-on fries 771kcal
- Wholetail Breaded Scampi** ..... £14.50  
with skin-on fries, peas & homemade tartare sauce 747kcal
- Sausage & Mash** ..... £13.50  
Cumberland NGCI sausages with creamy colcannon mash, fresh vegetables & onion gravy 739kcal  
*add onion rings 287kcal £3.75*

A discretionary 10% service charge will be added to your bill for tables of 6 or more.  
Allergy information - all our food is prepared in our kitchen where nuts, gluten & other allergens are present & our menu descriptions do not include all ingredients.  
If you have a food allergy please let staff know before ordering. Some of our ingredients may contain GM products. It is not possible to guarantee that our busy kitchen is completely free of other allergens.  
Full allergen information is available on request.  
NGCI = Non-Gluten Containing Ingredient. Adults need around 2000kcal a day.

## Ribs, Combo, Burgers

- Our Famous BBQ Ribs** ..... £14.95/£19.95/£25.95  
tender baby back pork ribs, in our tangy BBQ sauce served with skin-on fries, coleslaw  
½ rack 822kcal / full rack 1254kcal / mountain 1751kcal
- Cajun Chicken & Ribs Combo** ..... £19.50  
Cajun chicken breast with a half rack of BBQ ribs, sour cream, onion rings, salad, coleslaw & skin-on fries 1126kcal
- The Ultimate Burger** ..... £17.95  
10oz burger, cheese, bacon, lashings of BBQ sauce, burger sauce, tomato, lettuce, red onion, gherkin, onion rings, 'slaw, skin-on fries 1247kcal
- Pig & Cheese Burger** ..... £15.25  
7oz burger, bacon & melting Cheddar, burger sauce, tomato, lettuce, red onion & gherkin, 'slaw & skin-on fries 1045kcal
- Mexican Hot Burger** ..... £14.95  
cheese, jalapeños & firecracker sauce, tomato, lettuce, red onion & gherkin, burger sauce, 'slaw & skin-on fries 1054kcal
- BBQ Chicken, Bacon & Cheese Burger** ..... £15.95  
chargrilled chicken, BBQ sauce, burger sauce, tomato, lettuce, red onion & gherkin, 'slaw & skin-on fries 1021kcal
- The Veggie Stack** **V** ..... £14.95  
halloumi, pesto, mushroom, roasted peppers & guacamole, seeded bun, 'slaw & skin-on fries 1106kcal
- The Vegan Burger** **VEGAN** ..... £14.95  
plant based burger topped with vegan cheese, mushrooms & fried onions, pickled cucumber & skin-on fries 1079kcal

## Side Orders

- Cheesy Chips - Plain or Spicy** **V** ..... 5.95/6.95  
choose from plain cheesy chips or spicy Cajun fries topped with melted cheese, jalapeños & firecracker sauce 593/632kcal
- Chilli Cheesy Chips** ..... £7.95  
with cheese, spicy beef chilli, jalapeños, firecracker sauce 732kcal
- Bucket of Skin-on or Chunky Chips** **V** ..... £10.95/£12.50  
(serves 3-4) 1107/1159kcal
- Onion Rings** **V** ..... 287kcal £3.75
- Homemade Coleslaw** **V** ..... 376kcal £2.95
- Skin-on Fries / Chunky Chips** **V** ..... 369/365kcal £3.50/£3.95
- Side Salad or Vegetables** **V** ..... 174/153kcal £3.95
- Sweet Potato Fries** **V** ..... 387kcal £4.25
- Curry Sauce** **VEGAN** ..... 142kcal £1.75

## Lunchtime Mon-Sat 12-4pm

- Ploughman's Ciabatta** ..... £9.50  
Cheddar cheese, ham, pickle, mayo, coleslaw, skin-on fries 1110kcal
- Brie & Herb Roasted Vegetable Ciabatta** **V** ..... £9.50  
served warm with coleslaw & skin-on fries 969kcal
- Open Prawn Sandwich** ..... £9.50  
granary slice, fresh prawns & Marie Rose sauce, lettuce, cucumber, tomatoes & skin-on fries 631kcal

## Puddings

<b>Molten Chocolate Fondant</b> .....	£6.95
Oreo crumb, chocolate sauce, vanilla ice cream 890kcal	
<b>Sticky Toffee Pudding</b> .....	£6.95
with toffee sauce & clotted cream 968kcal	
<b>Strawberry Eton Mess Sundae, Grilled White Chocolate</b> .....	£6.95
vanilla ice cream, fresh strawberries, homemade meringue, strawberry sauce, fresh cream, grilled white chocolate 695kcal	
<b>Chocolate Cookie Sundae</b> .....	£6.95
vanilla & chocolate ice cream, whipped cream, fresh baked cookie & 'pour your own' hot chocolate fudge sauce 785kcal	
<b>Lemon, Blueberry &amp; Raspberry Pavlova</b> .....	£6.95
homemade meringue, lemon curd, ice cream & cream 535kcal	
<b>Spiced Apple &amp; Cinnamon Crumble</b> .....	£6.95
with 'pour your own' hot custard 492kcal	
<b>Chocolate Brownie</b> .....	£6.75
rich brownie, choccy sauce & vanilla ice cream 949kcal	
<b>Warm Sticky Pecan Pie</b> .....	£6.75
treacle, toasted nuts & clotted cream (contains whisky) 728kcal	
<b>American Pancake Stack</b> <b>VEGAN</b> .....	£6.50
red berry coulis, fresh strawberries, vanilla ice cream 496kcal	
<b>Jude's Blood Orange Sorbet</b> <b>VEGAN</b> .....	£6.50
cool, refreshing & cleansing 176kcal	
<b>Caramel &amp; Pecan Ice Cream Sundae</b> <b>VEGAN</b> .....	£6.50
with vegan vanilla ice cream & vegan cream 616kcal	
<b>Ice Cream 3 scoops</b> .....	£5.75
your choice of: seriously chocolate 416kcal, vanilla bean 405kcal, strawberry chunk 361kcal or salted caramel 435kcal	

## Sunday Roasts (12-5pm Sun)

Sundays only, subject to availability

<b>Roast Sirloin of Beef</b> .....	£17.50
crispy roast potatoes, parsnips, cauli cheese, Yorkshire pudding, homemade gravy & fresh veggies 1075kcal	
<b>Roast Turkey</b> .....	£16.95
stuffing, bacon-wrapped chipolata, crispy roast potatoes, parsnips, cauli cheese, homemade gravy, fresh veggies 1005kcal	
<b>'Best of Both' Roast Dinner</b> .....	£20.95
roast Sirloin of beef & roast turkey with pigs in blankets, stuffing, Yorkshire pudding & all the trimmings - a big plateful! 1335kcal	
<b>Veggie Nut Roast</b> <b>V</b> .....	£15.95
with cashew, mushroom & cranberry, roast potatoes, cauli cheese, parsnips, veggies, cranberry sauce & veggie gravy 833kcal VEGAN option available 700kcal	
<b>Pigs in Blankets (4)</b> .....	£3.95
bacon-wrapped chipolatas 340kcal	
<b>Pork, Sage &amp; Onion Stuffing Balls (4)</b> .....	304kcal £3.95
<b>Extra Roast Potatoes</b> .....	182kcal £3.95
<b>Extra Yorkshire Pudding</b> .....	82kcal £1.25

## Veggie & Vegan Starters

<b>Garlic &amp; Herb Ciabatta / Cheese</b> <b>V</b> .....	£4.95/£5.50
hot & delicious with garlic & herb dip 643/766kcal	
<b>Crispy Melty Cheese Balls</b> <b>V</b> .....	£6.95
a delicious blend of feta, mozzarella & Cheddar with sweet chilli & sour cream dips 637kcal	
<b>Soup of the Day</b> <b>V</b> .....	£6.50
homemade soup, seeded NGCI bread & butter, between 490-550kcal	
<b>Hot Garlic &amp; Herb Dough Balls</b> <b>V</b> .....	£5.50(8) / £9.95(16)
with garlic & herb dip 325/611kcal	
<b>Loaded Nachos</b> <b>V VEGAN</b> .....	£7.50
corn tortilla chips, melting Cheddar, jalapeños, guacamole, salsa, sour cream & firecracker sauce 827kcal VEGAN option available 740kcal	
<b>Garlic Field Mushrooms on Toast</b> <b>VEGAN</b> .....	£6.75
with truffle oil & vegan aioli 507kcal	
<b>Crispy Courgette Fritters</b> <b>V</b> .....	£6.75
with mint yoghurt dip & pomegranate seeds 244kcal	

## Veggie & Vegan Mains

<b>Tempeh Katsu Curry</b> <b>VEGAN</b> .....	£14.50
panko crumbed tempeh, curry sauce, chilli flakes & fragrant rice 633kcal	
<b>Baked Field Mushroom Wellington</b> <b>VEGAN</b> .....	£14.95
stuffed with spinach, caramelised onions & Dijon mustard, fresh tomato sauce, roasted new potatoes & fresh vegetables 959kcal	
<b>Mushroom &amp; Herb Risotto</b> <b>V</b> .....	£13.95
with pea shoots & parmesan 611kcal	
<b>The Veggie Stack</b> <b>V</b> .....	£14.95
halloumi, pesto, mushroom, roasted peppers & guacamole, seeded bun, 'slaw & skin-on fries 1106kcal	
<b>The Vegan Burger</b> <b>VEGAN</b> .....	£14.95
plant based burger topped with vegan cheese, mushrooms & fried onions, pickled cucumber & skin-on fries 1079kcal	
<b>Cheesy Topped Bubble &amp; Squeak Skillet</b> <b>V</b> .....	£13.95
with fried egg & baked beans 613kcal	
<b>Goats Cheese Salad</b> <b>V</b> .....	£13.95
with honey, walnuts & roasted Mediterranean veg, NGCI croûte 653kcal	
<b>Spicy Bean Enchiladas</b> <b>VEGAN</b> .....	£14.50
guacamole, fragrant rice, vegan cheese, firecracker sauce, garden salad 769kcal	



Download the Barons Order & Pay App

## NGCI Starters

(Non-Gluten Containing Ingredients)

<b>Malaysian Chicken Satay Skewers</b> .....	£6.95
peanut sauce & refreshing cucumber 346kcal	
<b>Soup of the Day</b> <b>V</b> .....	£6.50
homemade soup, seeded NGCI bread & butter, between 490-550kcal	
<b>Starter Ribs</b> .....	£7.95
tender baby back pork ribs, our delicious BBQ sauce 323kcal	
<b>Loaded Nachos</b> <b>V VEGAN</b> .....	£7.50
corn tortilla chips, melting Cheddar, jalapeños, guacamole, salsa, sour cream & firecracker sauce 827kcal VEGAN option available 740kcal	

## NGCI Mains

<b>Our Famous BBQ Ribs</b> .....	£14.95/£19.95/£25.95
tender baby back pork ribs, in our tangy BBQ sauce served with skin-on fries, coleslaw ½ rack 822kcal / full rack 1254kcal / mountain 1751kcal	
<b>Pan-Fried Calves Liver &amp; Bacon</b> .....	£17.50
onion gravy, colcannon mash & fresh vegetables 548kcal	
<b>8oz Sirloin Steak</b> .....	£21.95
slow-roast tomato, field mushroom & chunky chips; best served medium to rare 637kcal add peppercorn sauce 38kcal £1.95 or garlic butter 248kcal £1.50	
<b>Mushroom &amp; Herb Risotto</b> <b>V</b> .....	£13.95
with pea shoots & parmesan 611kcal add Chicken 141kcal £2.95	
<b>Goats Cheese Salad</b> <b>V</b> .....	£13.95
with honey, walnuts, roasted Mediterranean veg, NGCI croûte 653kcal	
<b>Sausage &amp; Mash</b> .....	£13.50
Cumberland NGCI sausages with creamy colcannon mash, fresh vegetables & onion gravy 739kcal	
<b>Cheesy Topped Bubble &amp; Squeak Skillet</b> <b>V</b> .....	£13.95
with fried egg & baked beans 765kcal	
<b>Ham, Egg &amp; Chips</b> .....	£13.50
home-cooked ham, 2 eggs & skin-on fries 771kcal	
<b>Burgers</b> .....	from £14.95
please choose from our selection of burgers over the page & ask your server for a NGCI bun (excluding Ultimate Burger)	

## NGCI Puddings

<b>Spiced Apple &amp; Cinnamon Crumble</b> .....	£6.95
with 'pour your own' hot custard 492kcal	
<b>Jude's Blood Orange Sorbet</b> <b>VEGAN</b> .....	£6.50
cool, refreshing & cleansing 176kcal	
<b>Strawberry Eton Mess Sundae</b> .....	£6.95
grilled white chocolate, vanilla ice cream, fresh strawberries, homemade meringue, strawberry sauce, fresh cream 695kcal	
<b>Chocolate Brownie</b> .....	£6.75
rich brownie, choccy sauce & vanilla ice cream 949kcal	